

— Les cours de l'École de Natation sont hors abonnement —

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
10h00 (45') <i>AQUASOFT</i>	10h00 (45') <i>AQUAFITNESS</i>	9h30 (45') <i>AQUAFITNESS</i>	10h00 (45') <i>AQUAFITNESS</i>	9h45 (45') <i>AQUAFITNESS</i>	10h00 (45') <i>AQUABIKE</i>	10h00 (45') <i>AQUAFITNESS</i>
11h00 (45') <i>aquawork</i>	11h00 (45') <i>AQUABIKE</i>	10h30 (45') <i>AQUABIKE</i>	11h00 (45') <i>AQUASOFT</i>	10h45 (30') <i>AQUAJUMP</i>	11h00 (45') <i>AQUAFITNESS</i>	11h00 (45') <i>AQUABIKE</i>
12h00 (45') <i>AQUATABATA</i>	12h15 (45') <i>AQUAFITNESS</i>	11h30 (45') <i>AQUAFITNESS</i>	12h00 (45') <i>AQUABIKE</i>	11h30 (45') <i>aquadynamic</i>	12h00 (45') <i>aquadynamic</i>	
		14h à 17h <b>ÉCOLE DE NATATION</b> <i>Espace aquatique réservé à l'École de Natation</i>	14h30 (45') <i>AQUAFITNESS</i>	12h15 (45') <i>AQUAFITNESS</i>		
18h00 (45') <i>aquadynamic</i>	18h15 (45') <i>AQUABIKE</i>	18h00 (45') <i>AQUAFITNESS</i>	18h30 (45') <i>aquawork</i>	18h30 (45') <i>AQUABIKE</i>		
19h00 (45') <i>AQUABIKE</i>	19h15 (45') <i>AQUAFITNESS</i>	19h00 (45') <i>AQUACIRCUIT</i>	19h30 (45') <i>AQUABIKE</i>	19h30 (45') <i>AQUABOXE</i>		
20h00 (45') <i>aquawork</i>	20h00 (45') <i>AQUAPALME</i>	20h00 (45') <i>PERFECTIONNEMENT NATATION</i>	20h15 (45') <i>aquadynamic</i>			